

**Infant Feeding Care Planning**  
**University Maternity Hospital Limerick**

*Aim:* Commence use of an individual care plan when a problem is identified with infant feeding and lactation in postnatal wards.

*Action:* Care plan form was drafted, discussed and piloted with postnatal staff and revised based on feedback. Care plan to record Identification, Situation, Background, Assessment/care given, Recommendation/plan with time frame, with a section for further support needed and evaluation/outcome.

Infant Feeding Care plan was used for all infants (Theme 1: respecting preferences and diversity of mothers) and avoiding the implication that feeding problems only related to breastfeeding.

*Evaluation of plan:* Highlighted the need for ongoing consultation and adaption of the care planning tool and the value of fitting with ISBAR framework. Need for up-skilling staff in assessing feeding and in consistent use of Care Planning is being provided through short focused on-going training.

*Outcome:* Individual needs are assessed and a plan recorded by an identified midwife and monitored to ensure continuity of care is provided. Care plan is accessible in mother's chart.

Evidence for: Theme 1: Person-centred Care and Support Theme 2: Effective Care and Support of National Standards for Safer Better Healthcare

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