

# Breastfeeding and Diabetes :A Change in practice.

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## INTRODUCTION

Prior to change of practice in 2011---  
Routine separation of mothers and babies  
of diabetic mothers due to babies’  
admission to neo natal.

Objective : to care for diabetic mothers  
and their babies together on postnatal  
ward.



## RATIONALE

Breastfeeding is associated with reduction  
in incidence of diabetes mellitus.

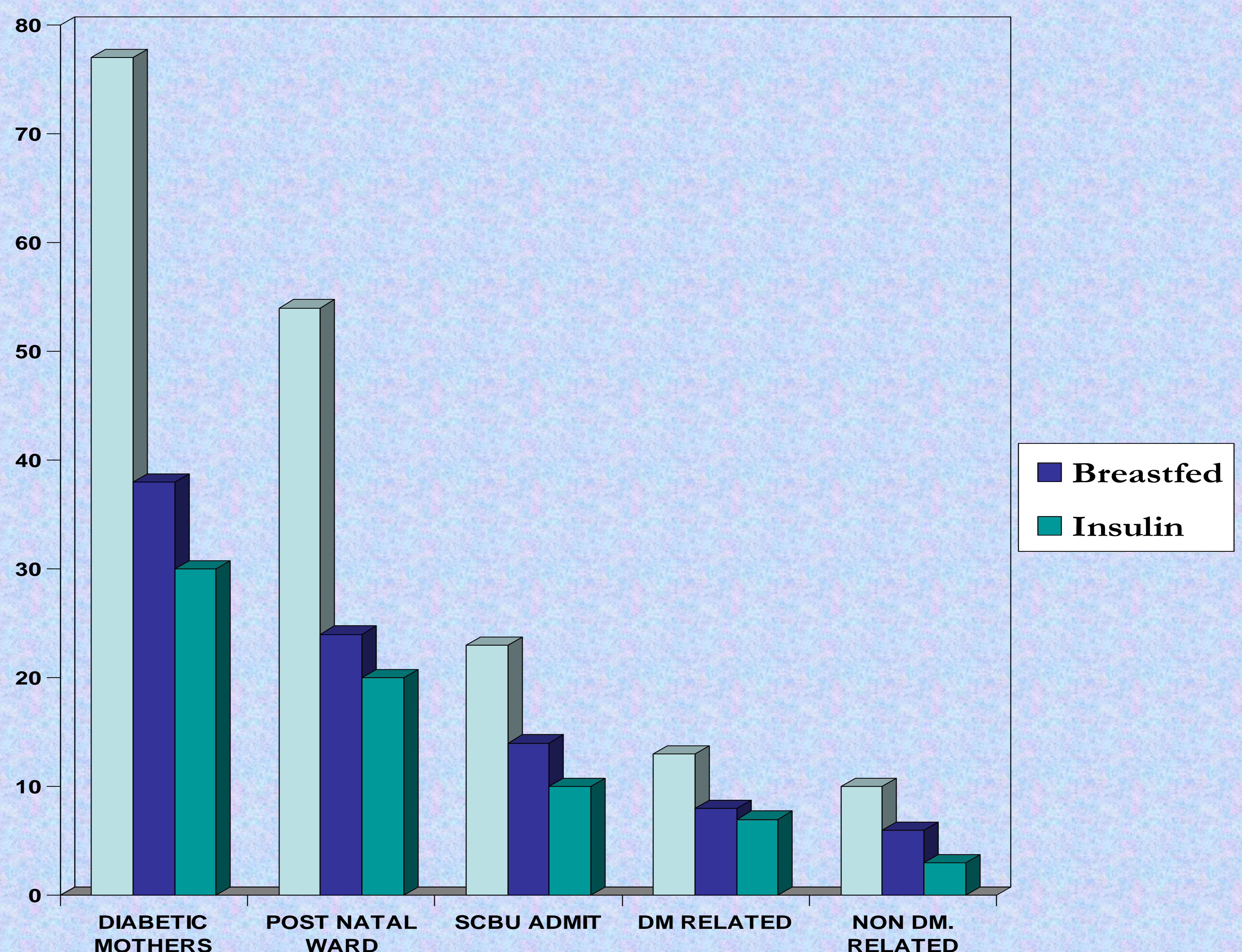
Facilitating skin to skin contact and  
non separation of mother and baby  
support early initiation of breastfeeding.

## METHOD

- Consultations with multidisciplinary team
- Revision of clinical guideline on “Prevention and Management of Hypoglycaemia in the Newborn”
- Education sessions at ward level.
- Group education sessions, commenced by CMS Diabetes for antenatal women with Diabetes include information on supportive practices to facilitate breastfeeding.

## RESULTS

From the end of February  
2011 to beginning of  
November 2011, 77 babies of  
mothers with Diabetes are  
recorded.



## CONCLUSION

Previously 100% of these babies were admitted to SCBU  
unit, during this period only 17% were admitted for reasons  
associated with mothers’ diabetes.

Change of practice has been maintained.